

Increasing Trend Towards Passive Recreation in the Metropolitan

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Abstract

Man is the basic entity of this universe, from the origin of man till now, man has been struggling a lot for better lives, such a life which has well organized mechanism pursuing all the deeds for their comfort and easiness. Man has made a lot of progress and advancement for pursuing daily routine work with the advancement of science and technology. Along with these advancement of science and technology a number of subjects had been evolved for serving human beings, which specifically work for the comfort of their social livings and to aid physically and mentally, within an environment; sociology, psychology environment and above of all town planning. Therefore, this study conducted to highlight changing trend of recreation from active to passive. The priorities in the time of leisure has been shifted, people prefer to have some shopping, picnic, watching movies and sports, playing video games, using social network, or something else instead to have physically engaged games, activities and sports i.e. cricket, football, basketball, badminton, volleyball etc. Fact for this shift in trend because of many factors like technological advancement especially in field of communication, poor planning concepts and approaches, security threats and misleading concepts of parents regarding their children's; double academic system, bounding them at home, providing them latest facilities of mobiles, computers and other electronic gadgets to release the pressure of temptation and for the purpose of high scores and positions. Hence, such shift in trend physically deteriorating our modern generation especially our youth, which leads to slackness and laziness in the nature of human being. Thus, planning objective of healthy society cannot be achieved due to the above reasons. So, at present there is a need to conduct research on this issue and highlight the factors those are responsible for this change. This research visualizes the crucial aspect and help planners and policy makers to take appropriate measures.

Key words: Active recreation, passive recreation, technological advancement